

		Drug	Age	Maximum Dose
Relievers	SABA	Airomir™ pMDI (Salbutamol)	≥ 6 years	Adults (≥ 12 yrs) = 8 puffs (800mcg)/day† Children (6-11yrs) = 4 puffs (400mcg)/day†
		Bricanyl® Turbuhaler®	≥ 6 years	6 puffs (3mg)/day
		Ventolin® HFA pMDI (Salbutamol)	≥ 4 years	Adults (12 yrs) = 8 puffs (800mcg)/day† Children (4-11yrs) = 4 puffs (400mcg)/day†
		Ventolin® Diskus® (Salbutamol)	≥ 4 years	4 puffs (800mcg)/day†
	SAMA	Atrovent® HFA pMDI	≥ 18 years	12 puffs (240mcg)/day
	SABA/SAMA	Combivent® Respimat®	≥ 18 years	Up to 6 inhalations/day
Controllers/Maintenance	ICS	Alvesco® pMDI (Ciclesonide)	≥ 6 years	800mcg/day
		Asmanex™ Twisthaler™ (Mometasone)	4-11 years (100mcg)	800mcg/day
		Flovent® HFA pMDI (Fluticasone Propionate)	≥ 1 year	2000mcg/day
		Flovent® Diskus® (Fluticasone)	≥ 4 years	2000mcg/day
		Pulmicort® Turbuhaler®	≥ 6 years	2400mcg/day
		QVAR® pMDI (Beclomethasone)	≥ 5 years	800mcg/day
	LABA	Foradil® via Aerolizer® device (Formoterol)	≥ 6 years	24mcg/day (6-16 yrs) 48mcg/day (≥16 yrs)
		Onbrez®	≥ 18 years	75mcg/day
		Oxeze® Turbuhaler® (Formoterol)	≥ 6 years	24mcg/day (6-16 yrs) 48mcg/day (≥16 yrs)
		Serevent® Diskus® (Salmeterol)	≥ 4 years	100mcg/day
	LAMA	Incruse™ Ellipta® (Umeclidinium)	≥ 18 years	62.5mcg/day
		Seebri® Breezhaler®	≥ 18 years	50mcg/day
		Spiriva® via Handihaler® device	≥ 18 years	18mcg/day
		Spiriva® Respimat® (Tiotropium)	≥ 18 years	2.5mcg x 2 inhalations (5mcg)/day
		Tudorza® Genuair® (Aclidinium)	≥ 18 years	800mcg/day (400mcg BID)
	ICS/LABA	Advair® pMDI	≥ 12 years	See max dose of Serevent® and Flovent®
		Advair® Diskus®	≥ 4 years	See max dose of Serevent® and Flovent®
		Breo® Ellipta® (Fluticasone)	≥ 18 years	1 puff/day
		Symbicort® Turbuhaler®	≥ 12 years	8 puffs/day (4 puffs BID)
		Zenhale™ pMDI	≥ 12 years	4 puffs/day
	LABA/LAMA	Anoro™ Ellipta®	≥ 18 years	1 puff/day
Duaklir™ Genuair® (Aclidinium/Formoterol)		≥ 18 years	1 puff twice daily	
Inspiro™ Respimat® (Tiotropium/Olodaterol)		≥ 18 years	2.5mcg x 2 inhalations (5mcg)/day	
Ultibro® Breezhaler®		≥ 18 years	1 puff/day	
Additional	LTRA	Accolate® (Zafirlukast) tablet	≥ 12 years	20mg twice daily
		Singulair® (Montelukast) oral granules (4mg),	≥ 2 years	One dose/day (Dosing: 2-5 years: 4mg, 6-14 years: 5mg, ≥ 15 years: 10mg)
	Anti-IgE	Xolair® (Omalizumab) injection	≥ 12 years	Dose based on body weight (kg) and baseline
	OCS	Prednisone (for exacerbations)	Please	Please refer to CTS guidelines**
	Methylxanthines	Aminophylline (tablet, injection), Oxtriphylline (liquid, tablet), Theophylline	See next box	Based on chosen product (please refer to product monograph)*
	PDE-4 Inhibitor	Daxas® (Roflumilast) tablet	≥ 18 years	One dose/day (Dosing: 500mcg)

Product monograph recommends: 1 inhalation 4 times/day for COPD

*Manufacturer's recommended maximum age and dose listed in table.

**<http://www.respiratoryguidelines.ca>. This may not be a complete list of respiratory medications. Please refer to the respective product monographs for detailed information on indications, contraindications, adverse events, dosing and administration and patient selection. This chart is provided for information purposes only.

†Maximum daily dose of salbutamol is according to the product monograph. Additional doses may be required in the event of an asthma exacerbation/flare-up.

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